

July 2024

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## Partner Highlights >>>

### NH Women's Foundation

The New Hampshire Women's Foundation (NHWF) invests in opportunity and equity for women and girls in NH. They believe in social, political, and economic gender equality in NH.

#### Research

NHWF provides high-quality data and research on women and girls in NH. Their flagship publications, *The Status of Girls* and *The Status of Women* are comprehensive compilations of data on women and girls in NH.

#### Education

Women Run! is a nonpartisan program in NH that empowers and trains women to run for state and local elected office.

#### Advocacy

NHWF prioritizes policy and legislation that can significantly impact NH women, girls and marginalized genders. 2024 priorities include abortion access, equitable fertility treatment, child care affordability, maternal health, and trans rights.

#### Grantmaking

NHWF invests in organizations and initiatives that serve New Hampshire's women and girls, through the Community Grantmaking program and our various Funds. For more information, visit:

<https://nhwomensfoundation.org/>

\*The NHPQC sees itself as facilitating resource sharing throughout the state. However, resources shared in this column are not endorsed by Dartmouth Health.



Source: Social Cut on Upsplash

## Strategies for Meeting Inclusivity

Bringing together a wide range of perinatal stakeholders for coalition meetings can present inclusivity challenges. These partners volunteered their time and expect to be heard in a productive and equitable way. **Question to Consider: What power dynamics are at play, and how might that affect attendee participation?**

- P**
- Send out a poll to find the best day/time option and offer other ways to communicate if tech is an issue
- R**
- Choose a time with the most equal representation from each stakeholder group.
- I**
- Let the team submit their ideas, ask questions, or suggest topics for discussion; then send an agenda.
- O**
- Appoint a facilitator to moderate and set ground rules for the discussion
- R**

- D**
- Directly state inclusive behavior expectations (hand raising, no interrupting, mute yourself when not speaking, etc.).
- U**
- Be intentional about including people who have been silent (direct most questions to the group, not individuals).
- R**
- Utilize a variety of input formats to ensure people can contribute as they feel comfortable (verbal discussion, the chat box, polling, Jamboard, etc.).
- I**
- Be intentional about encouraging questions DURING the conversation
- N**
- Finally, allow reflection, but avoid getting off topic (suggest that alternate topics be written down and placed in a virtual "parking lot" to be discussed later.
- G**

- A**
- Share notes
- F**
- Follow up
- T**
- Ask what could be better next time
- E**
- R**

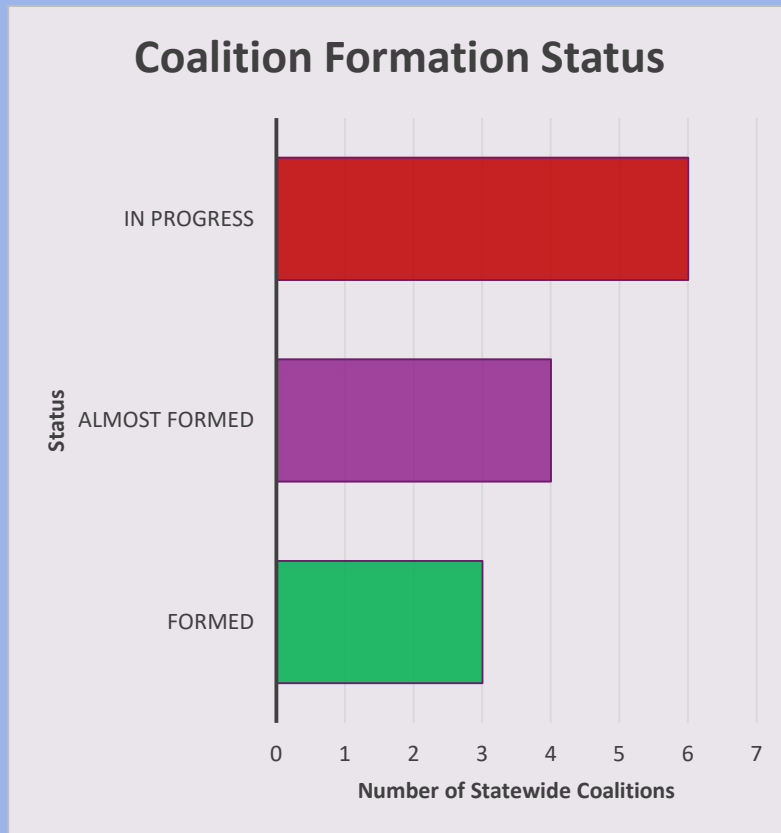
#### Sources

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Mrvova, K. (2021, June 22). How to Host More Inclusive Meetings: 15 Essential Tactics. Slido Blog. <https://blog.slido.com/inclusive-meetings-tactics/#:~:text=How%20to%20Host%20More%20Inclusive%20Meetings%3A%2015%20Essential>

# Status of NH Regional Perinatal Coalitions

We have reached out to each region of NH to begin building local perinatal coalitions. Below is the status of each region's coalition.



**Formed:** Coalition has had at least one meeting

- Plymouth, Littleton, Claremont

**Almost Formed:** Has some partners, maybe pursuing leader and first meeting date.

- Manchester, Monadnock, Lebanon, Concord/Lakes

**In Progress:** Seeking partners to form coalition

- Cheshire, Dover, Exeter, Conway, Nashua, Portsmouth

\*Please reach out to [NHPQC@hitchcock.org](mailto:NHPQC@hitchcock.org) with questions about your local coalition and how to get involved.

# North Country PhotoVoice Research

The Lived Experience of Access to Maternity Care in New Hampshire (PhotoVoice) study is currently seeking participant researchers interested in sharing their experience accessing care in the North Country through photography. **Individuals from northern Grafton and Coos counties who are pregnant or have been pregnant in the past five years are eligible to enroll.** Selected participants will attend three 3-hour in-person workshop sessions, take photographs to answer project questions, and present their work at a PhotoVoice exhibit. During the workshop sessions, participants will learn about photography and what it means to be a visual researcher, share their photos with peers and facilitators, and participate in facilitated collective discussion. The study will provide all participants with a \$500 stipend. Those interested in participating in the PhotoVoice study can contact the study team to learn more or to schedule a screening call.

Email: [info@wombinitiative.org](mailto:info@wombinitiative.org); phone: 1-877-357-9662; website: [www.wombinitiative.org/photovoice](http://www.wombinitiative.org/photovoice) [[wombinitiative.org](http://wombinitiative.org)].

We would greatly appreciate your help distributing this [flyer](#) to current and past patients/clients who fit the eligibility criteria.

## Upcoming Maternal Health Educational Opportunities>>>

- **July 16<sup>th</sup> 2-3pm:** Addressing Hypertension Before, During, and After Pregnancy. [Register](#)

- **July 24<sup>th</sup> 12-1:15pm:** Promising Strategies to Address Health Disparities Across the Reproductive Life Cycle. [Register](#)

- **July 29<sup>th</sup> 3-4pm:** How Community Engagement Enhances Clinical Care: Promoting LDA (low dose aspirin) Awareness. [Register](#).

**Sept 16-17<sup>th</sup> Training, Manchester NH:** Perinatal Mood Disorders: Components of Care. [Register](#).

Visit the NHPQC website at:

<https://www.nnepqin.org/home/new-hampshire-perinatal-quality-collaborative-nhpqc/>

## Contact us at:

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