

## NNEPQIN Fall Conference | November 16-17, 2023



### Adapting to the New Normal and Designing Strategies to Improve Perinatal Outcomes in Northern New England Omni Mount Washington Resort, Bretton Woods NH

#### Target Audience

Obstetricians, Midwives, Pediatricians, Family Practitioners Perinatal Nurses, Nurse Practitioners, Risk Managers and Administrators

#### Event Overview

Join your colleagues in this spectacular setting to address the challenging obstetrical and neonatal issues that face the entire multidisciplinary team. In addition to delving into hot topics in perinatal care, this year we strive to incorporate patient perspectives in order to best tackle these challenges and improve outcomes. We also plan to explore emerging opportunities to improve outcomes which include Doula support throughout the perinatal period and the importance of integrating recommendations from Maternal Mortality reviews into clinical practice. And it would not be a NNEPQIN Conference without as much simulation as possible! Bring your team of obstetrical and neonatal colleagues to design strategies that will work in your clinical setting.

#### Thursday November 16, 2023

#### 7:00 AM Registration and Poster Set Up and Viewing

#### 8:00 Welcome, Overview of the Meeting

*NNEPQIN Medical Co-Directors:*

*Emily Baker, MD, Maternal Fetal Medicine & Steve Ringer, MD, PhD, Neonatology  
Dartmouth Hitchcock Medical Center, Lebanon, NH*

#### 8:15 From a Patient Perspective, Redesigning Perinatal and Neonatal Care: Innovative Ideas to Meet Needs

*Crystal Davis & Brittini Richards, PCAC Members &*

*NNEPQIN Conference Course Co-Directors:*

*Sherry A. Stevens, CPM, NHCM, New Life Midwifery Service, Meredith, NH*

*Sarah Austin, RN, MSN, CNL, C-EFM, Southern Region Perinatal Outreach, Maine Medical Center, Portland, ME*

*Robin Leight, MD, Obstetrician & Gynecologist, Copley Hospital, Morrisville, VT*

*Steve Ringer, MD, PhD, Neonatologist, Dartmouth Hitchcock Medical Center, Lebanon, NH*

*Nicole Pendenza, BSN, RNC-NIC, Assistant Vice President, Women & Children's, Wentworth-Douglass, Dover, NH*

#### 9:15 The Role of the Doula to Optimize Outcomes During Pregnancy, Delivery, and the Postpartum Period

*Lyndi Sargent, Maternal & Child Resource Coordinator at Wentworth-Douglass Hospital, Dover, New Hampshire*

#### 10:15 Break and Poster Viewing

#### 10:45 Experience a Mock Maternal Mortality Review & Consider How Actionable Recommendations to Prevent Future Deaths are Created

*Carolyn K. Nyamasege, PhD, MPH, MS, MC, Epidemiologist, NH Dept. of Health & Human Services, Concord, NH*

*Carol Whitman, RN, BS, MA, Maternal Mortality Review Coordinator, NH Dept. of Health & Human Services*

*Colleen M. Whatley, MSN, CPPS, CNS-BC, RNC-OB, Sr. Quality & Safety Specialist, Dartmouth Health, Lebanon, NH*

*Christine Cooper Nowicki, MPH and Julie Zaharatos, MPH of the CDC Maternal Mortality Prevention Team*

- 11:45 NNEPQIN Business Meeting**  
*Julie Bosak, DrPH, CNM, MSN, NNEPQIN Executive Director*
- 12:00 Lunch and Poster Viewing**
- 1:15 Concurrent Workshops**

<p><b>Out of Hospital Obstetrical Emergencies: Connecting the dots for inpatient OB teams</b> <i>Sherry A Stevens, CPM New Life Midwifery, NH Sarah Austin, RN, MSN, CNL Maine Medical Center Portland, Maine Shauna Goulet BSN, RNC-OB EFM ONQS, Maine AWHONN Section Chair Robin Leight, MD Copley Hospital Morrisville, VT Timothy J. Fisher, MD, MS Baystate Health Springfield, MA</i></p>	<p><b>Practical Steps to Implement a Doula Program in your Practice Setting</b> <i>Lyndi Sargent, Maternal and Child Resource Coordinator Nicole Pendenza, BSN,RNC-NIC Wentworth-Douglass Hospital, Dover, New Hampshire</i></p>	<p><b>A Deeper Dive into the Maternal Mortality Review Process</b> <i>Carolyn K. Nyamasege, PhD, MPH, MS, MC Carol Whitman, RN, BS, MA NH DHHS MCH, Concord, NH Colleen M. Whatley, MSN, CPPS, CNS-BC, RNC-OB Dartmouth Hitchcock Medical Center Lebanon, NH</i></p> <p><i>CDC’s Maternal Mortality Prevention Team: Christine Cooper Nowicki, MPH Julie Zaharatos, MPH</i></p>	<p><b>Calling All Pediatric Providers! Strategies to Ensure Inpatient Newborn Care Services</b> <i>Steve Ringer, MD, PhD Neonatologist Dartmouth Hitchcock Medical Center Lebanon, NH</i></p>
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- 2:15 Break and Poster Viewing**
- 2:30 A Novel Tele-simulation Program, Maine Ongoing Outreach Simulation Education (MOOSE), Improves Adherence to NRP in a Rural Hospital**  
*Allison Zanno, MD, Neonatal-Perinatal Medicine, The Barbara Bush Children's Hospital, Portland, ME*
- 3:30 Break and Poster Viewing**
- 4:00 Concurrent Workshops**

<p><b>NNEPQIN Perinatal Community Advisory Council (PCAC): Taking Good Care: “What you need to know about me before you start.”</b> <i>PCAC Members: Crystal Davis, Jennifer Faulkner, Alex Homola, Meagan Knibbs, Sam LaRue, Rebecca Preman, Brittini Richards, Karielle Silk &amp; Allison Wilton Janet Perkins, MS, MD, FACOG Jess Bacon, MSN, CNM, FACNM Wentworth-Douglass Hospital Dover, NH</i></p>	<p><b>Pregnancy is Dangerous: Prevention and Treatment of Thromboembolism</b> <i>Kelley Conroy, MD Maternal-Fetal Medicine Maine Medical Center, Portland, ME</i></p>	<p><b>Neonatal Simulation Scenarios: Best Practice Strategies</b> <i>Allison Zanno, MD Sarah Austin RN. MSN. CNL Maine Medical Center, Portland, ME Steve Ringer, MD, PhD, DHMC, Lebanon, NH Charles E. Mercier, MD, MPH UVM Children’s Hosp., Burlington, VT Ann Boomer, RN, MN, NNP-BC Neonatal Outreach Education Coordinator Northern Light Eastern Maine Medical Ctr. Guest Discussant, Simon Manning, MD Brigham &amp; Women’s Hospital Boston, MA</i></p>
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- 5:00 Adjourn for the Day**
- Friday, November 17, 2023**
- 7:30 Breakfast**
- 8:00 Optimizing Care for Babies with Complex Medical Conditions: A Multidisciplinary Team Approach**  
*Kelley Conroy, MD, Maternal-Fetal Medicine, Maine Medical Center, Portland, ME*
- 9:00 Patient Preferences at Cesarean: Helping Patients Get the Birth They Want During Scheduled Cesarean Delivery**  
*Julie Braga, MD, Obstetrician/Gynecologist  
Claire Grzymala, MD OB/GYN Resident  
Anna Childs, MSN, CNM, OB/GYN  
Dartmouth Hitchcock Medical Center, Lebanon, NH*
- 9:45 Break to Check out of the Hotel**

**10:15 Revised Guidelines from the Academy of Breastfeeding Medicine: Implications for Marijuana Use During Pregnancy and the Postpartum Period**

*Katie White, RNC-LRN, Perinatal Substance Use Disorder Clinical Coordinator  
Wentworth Douglass Hospital, Dover, NH*

**11:00 Move to Concurrent Session**

**11:15 Concurrent Workshops:**

<p><b>Complicated Cases: Partnering with Families to Make Decisions Before and After Delivery</b> <i>Kelley Conroy, MD Maternal-Fetal Medicine, Maine Medical Center Simon Manning, MD Director of Fetal Care/ Perinatal Palliative Care BWH Department of Pediatric Newborn Medicine, Boston, MA</i></p>	<p><b>Practical Strategies to Implement a Patient Centered Cesarean Project</b> <i>Julie Braga, MD Claire Grzymala, MD Anna Childs, MSN, CNM Dartmouth Hitchcock Medical Center Lebanon, NH</i></p>	<p><b>The Pelvic Puzzle, Finding the Right Key- a hands on assessment and labor strategy event.</b> <i>Shauna Goulet BSN, RNC-OB/EFM/ONQS, Maine AWHONN Section Chair Lauren Alderman, CNM Jess Bacon, MSN, CNM, FACNM Wentworth-Douglass Hospital Dover, NH</i></p>	<p><b>Care of the Opioid Exposed Mother/Baby Dyad</b> <i>Katie White, RNC-LRN Perinatal SUD RN Clinical Coordinator Wentworth-Douglass Hospital, Dover, NH</i></p>
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**12:15 Lunch & Special Interest Group Round Tables (ACOG, AWHONN, AAFP, AAP, ACNM)**

**1:30 Concurrent Workshops:**

<p><b>Turning the Breech: Exploring Techniques and Considerations for Versions</b> <i>Janet Perkins, MS, MD, FACOG Wentworth-Douglass, Dover, NH Robin Leight, MD, Copley Hospital, Morrisville, VT</i></p>	<p><b>Review and Revise the NNEPQIN VBAC Guideline</b> <i>Kelley McLean, MD Maternal Fetal Medicine, University of Vermont Medical Center, Burlington, VT</i></p>	<p><b>Hot Topics in Neonatal Care</b> <i>Steve Ringer, MD, PhD DHMC, Lebanon, NH Charles E. Mercier MD, MPH UVM Medical Ctr., Burlington, VT Ann Boomer, RN, MN, NNP-BC Neonatal Outreach Education Coordinator Northern Light Eastern Maine Med. Ctr. Bangor, ME Guest Discussant, Simon Manning, MD Brigham &amp; Women’s Hospital, Boston, MA</i></p>
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**2:30 Move to General Session**

**2:45 Periviability: Partnering with Families to Make Decisions Before and After Delivery**

*Simon Manning, MD, Director of Fetal Care/Perinatal Palliative Care & Associate Clinical Director, BWH NICU  
Brigham & Women’s Hospital Department of Pediatric Newborn Medicine, Boston, MA*

**3:45 Adjourn**

**Learning Outcome Statement:** At the conclusion of this activity, (at least 75% of) learners will be able to discuss at least three of the newly updated guidelines that have been created to optimize maternal and neonatal outcomes.

**Accreditation**

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Credit Designation**

**American Medical Association (AMA)**

Dartmouth Health designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**American Nurses Credentialing Center (ANCC)**

Dartmouth Health designates this live activity for a maximum of 11.5 ANCC contact hours.

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

This activity was planned by and for the healthcare team, and learners will receive 11.5 Interprofessional Continuing Education (IPCE) credits for learning and change.