

NH AIM/ERASE Monthly Webinar
May 11, 2023

WELCOME!

- We will begin shortly
- **Please type your name and email into the chat box for attendance**
- Reminder, we will be recording this session
- Please mute your line upon entering and chat in your comments or questions
- Vicki Flanagan will monitor the chat box and call on you to unmute yourself
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Public Access to Naloxone -Strategies Across NH

Jennifer Sabin, MSW

NH AIM/ERASE Monthly Webinar
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Today's Agenda

PUBLIC ACCESS TO NALOXONE: Strategies Across NH

Jennifer Sabin, MSW, State Opioid Response Director at NH Department of Health & Human Services

UPDATES FROM NNEPQIN MEMBER ORGANIZATIONS:

Anne Frechette MSN, RNC-MNN, Clinical Nurse Manager Maternity & Lactation Services, The Elliot, Manchester, NH

Jess Bacon, CNM, Wentworth-Douglass Hospital, Dover, NH

NOTE: Today's speakers have nothing to disclose



A quality improvement initiative to support best practices that make birth safer, improve maternal health outcomes and save lives.



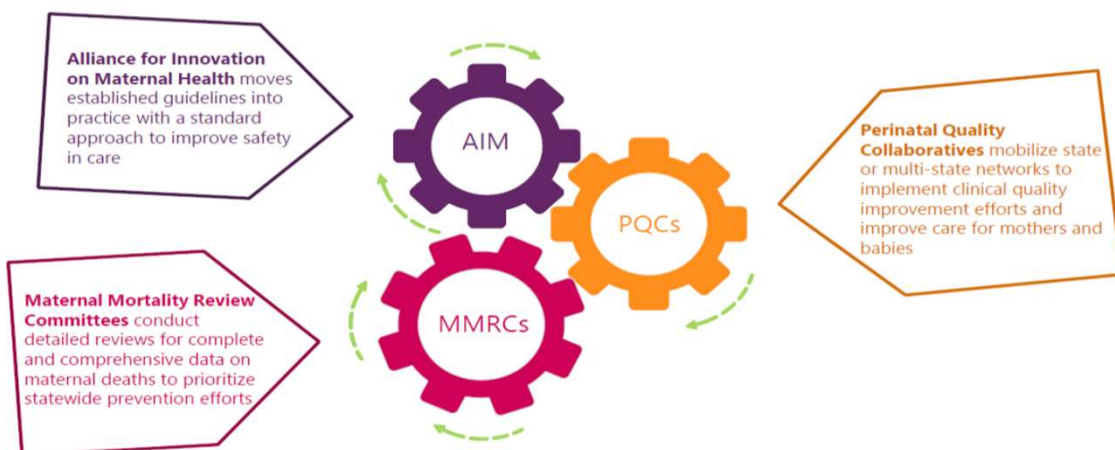
CDC works with MMRCs to improve review processes that inform recommendations for preventing future deaths.



<https://saferbirth.org/>

<https://www.cdc.gov/reproductivehealth/maternal-mortality/erase-mm/index.html>

Critical Collaborations: NNEPQIN, ERASE and AIM

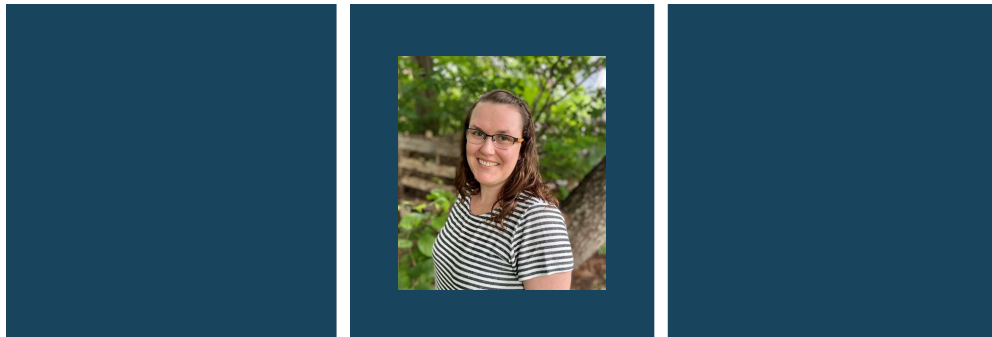


Created from a Centers for Disease Control, Division of Reproductive Health source

NNEPQIN
NORTHERN NEW ENGLAND
PERINATAL QUALITY IMPROVEMENT NETWORK

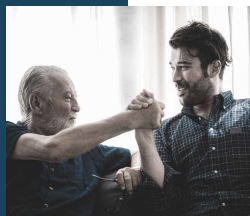
AIM
ALLIANCE FOR INNOVATION
ON MATERNAL HEALTH

**NH DIVISION OF
Public Health Services**
Improving health, preventing disease, reducing costs for all



JENNIFER SABIN

State Opioid Response Director
Division for Behavioral Health
NH DHHS



PUBLIC ACCESS TO NALOXONE

Strategies Across NH



STATE OPIOID RESPONSE GRANT FUNDING GOALS

Reduce overdose related fatalities

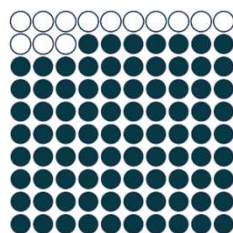
Increase access to Medications for Opioid Use Disorder

Address treatment gaps

Support substance misuse continuum

Potential Opportunities for Intervention

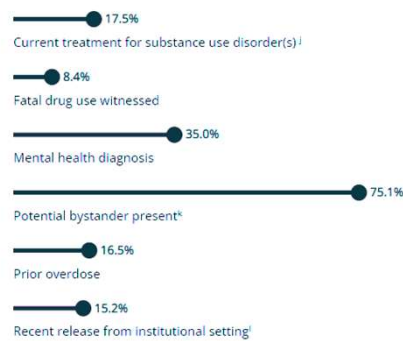
Potential opportunities for intervention include linkage to care or life-saving actions at the time of the overdose.



87.1%

of drug overdose deaths had at least one potential opportunity for intervention

Circumstance percentages are only among decedents with an available medical examiner or coroner report.



Additional Circumstances Surrounding OD Deaths

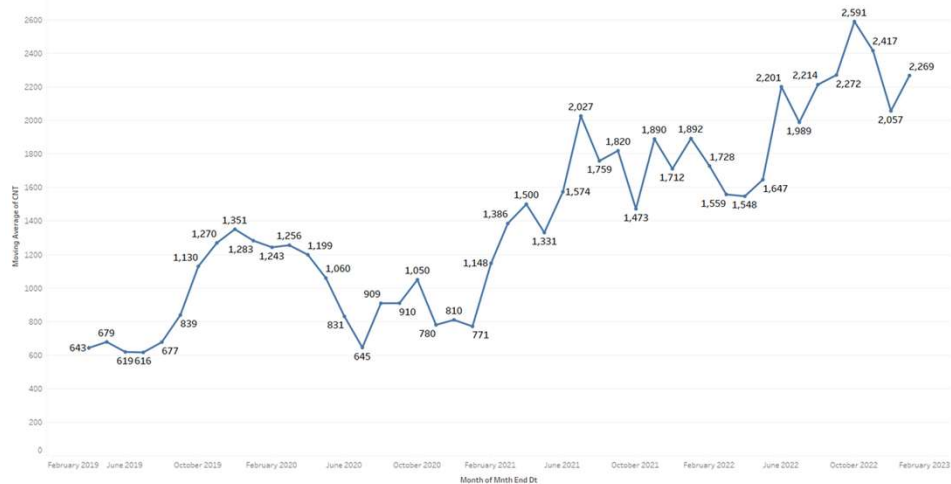


Mattson CL, Kumar S, Tanz LJ, Patel P, Luo Q, Davis NL. Drug Overdose Deaths in 28 States and the District of Columbia: 2020 data from the State Unintentional Drug Overdose Reporting System (SUDORS). SUDORS Data Brief, No 1. Atlanta, GA: Centers for Disease Control and Prevention, U.S. Department of Health and Human Services; 2022.

NALOXONE ACCESS: A variety of strategies

- Pharmacy access
- Narcan 4mg Over the Counter
- Hospital Emergency Department distribution post overdose
- Naloxboxes in every county
- Doorway distribution to individuals, families and community organizations
- Postpartum take home in Birthing Centers

Moving Average Doorway Naloxone Distribution: 2019-Present




Proper Storage, Handling and Disposal of Narcan


- Do NOT store in the car.
- Do NOT freeze or keep in a place with a temperature over 80 degrees Fahrenheit.
- Store in a cool place away from bright light.
- Check expiration date, usually expires after 2 years.

When and How to Get More Narcan


- Doorway NH provides Narcan.
- Many pharmacies provide it without a prescription.
- Call 211 for more information.



SAVE A LIFE




A Member of SOLUTIONHEALTH




Caring for You and Your Loved Ones

**Narcan/Naloxone
Emergency Kit Information**

Please Read Carefully... You May Save a Life



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So, what can we do?

Providers can:

- Monitor patients for overdose risk and provide naloxone when risk factors are identified.
- Participate in and offer naloxone training and education to patients.
- Check out the [Enhancing Provider Skills in Serving People Who Actively Use Substances](#) free training online
- Ensure that naloxone is always available.
- Treat Substance use disorders like other Chronic Health Issues
- Promote medications for OUD and other SUDs



May 11, 2023

Journey to Nurse Driven Implementation of Naloxone on a Postpartum Unit

Anne Frechette MSN, RNC-MNN
Clinical Nurse Manager Maternity & Lactation Services

Plan, Process and Roadblocks

- Plan:
 - NNEPQIN Fall Conference 2022...Plan to implement the Narcan distribution
 - Support from OB Chief and W&C Director, Using NNEPQIN toolkit & resources got to work
- Process:
 - Team effort: Staff RN champions, OB leadership, Legal department, director of clinical education and BON, ED leadership, Makin it Happen, med safety officer, LDAC, marketing team
 - ED workflow already live, NNEPQIN community (WDH): Consistent message was removing stigma = buy in
- Roadblocks:
 - STIGMA was a roadblock....removed it and wrote it in policy
 - BON & RN scope r/t dispensing roadblock....removed it
 - Narcan kits contained fentanyl test strips road block...removed it

Champions and Success

- Pulling staff RNs vital...buy in, cheerleading, excitement
- Created education pamphlet...Save a Life Brochure
- **Every patient** is offered Naloxone when preparing for discharge, warm invite explaining the “why” using the brochure, if accepted the RN continues with standard education and gives the kit
- SUCCESS: soft go live mid April, staff champions shared their experiences with the larger staff
- GO LIVE May 7th purposefully for National Prevention Week (SAMHA). Also tied in purple ribbons (awareness of opioid epidemic)and rainbow stickers (inclusion and removal of stigma) for all staff during go live

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What is Naloxone (also known as Narcan)?

Naloxone/Narcan is a Food and Drug Administration-approved medication that is approved to reverse opioid overdose. Narcan knocks the opioids off the opioid receptors to reverse the overdose.

Did You Know?



1 in 3 people know someone who has an opioid use disorder.



New Hampshire's largest percentage of maternal deaths in 2019 were caused by substance use overdose. The 2019 cases show 50% of maternal deaths were from overdose.



The effects of opioids (fentanyl, heroin, oxycodone, etc.) is slowed breathing, drowsiness—can lead to not breathing (overdose).

By offering this emergency kit to all patients, we hope to eliminate the stigma of opioid use disorders and reduce the mortality rate.

Annual Report on Maternal Mortality - NHSPQR 2021 <http://www.nhspqr.org/wp-content/uploads/2022/05/2021-Annual-Report-Report-on-Maternal-Mortality-FINAL.pdf>

Recognizing Signs and Symptoms of Opioid Overdose

- Will not wake up or respond to voice or touch
- Breathing is very slow, irregular or has stopped
- Pupils are very small, like "pin-points"

When to Use Narcan

Use it immediately after confirming that the person you are caring for is not responding and may have overdosed. Use the steps below to confirm overdose:

- Ask the person if they are okay and shout their name.
- Shake them and firmly rub their chest to see if they respond.
- If they do not respond, give Narcan. It is safe even if you do not know what medication they took. It could save their life.**
- Note: It is safe for pregnant people to get Narcan.**

How to Use Narcan

Read the attached instructions, scan the QR code with your smart phone, or visit bit.ly/NarcanInstructions.



Possible Side Effects of Narcan

- Rapid withdrawal
- Pain
- Nausea
- Confusion
- Vomiting



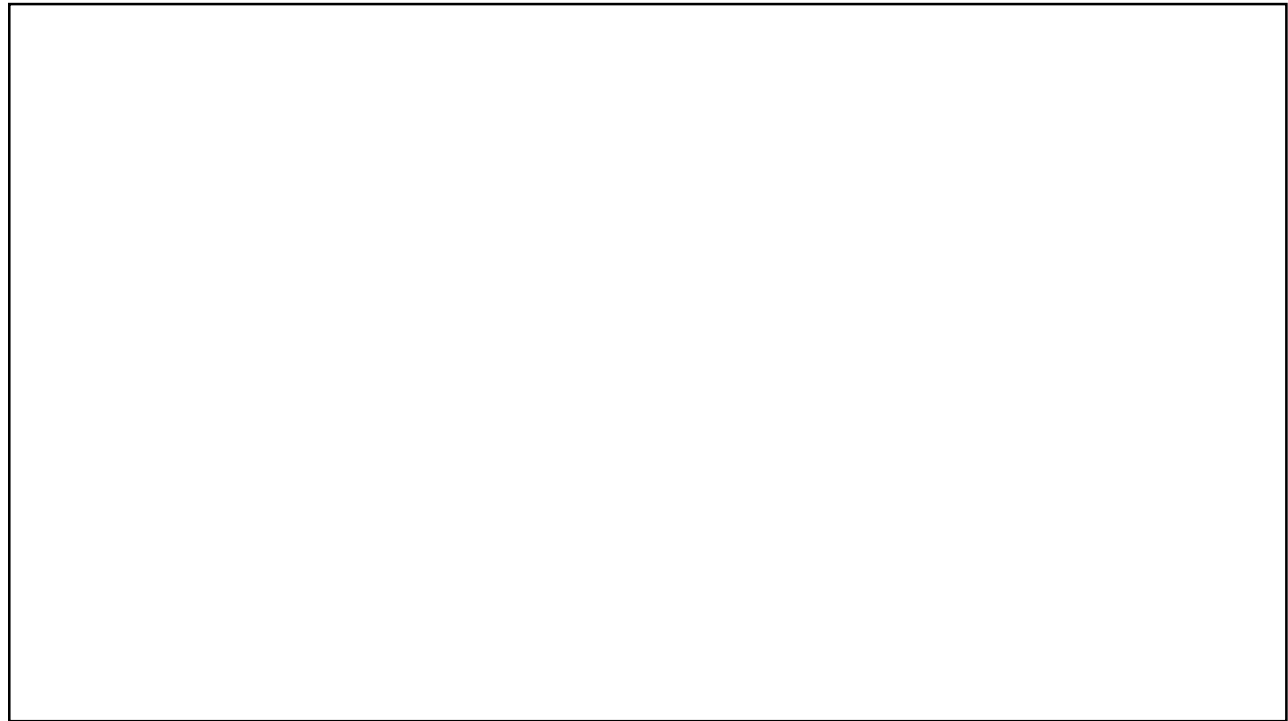
Questions?

References

- Haag, M. (2018). What Were Those Purple Ribbons For at the State of the Union? *New York Times*. Retrieved May 3, 2023, from <https://www.nytimes.com/2018/01/30/us/politics/purple-ribbons-opioids.html>.
- *National Prevention Week logos and stickers*. SAMHSA. (n.d.). Retrieved May 3, 2023, from <https://www.samhsa.gov/prevention-week/materials/logos-stickers>

Naloxone Distribution At Wentworth-Douglass Hospital

Jess Bacon, CNM



Core AIM Patient Safety Bundles

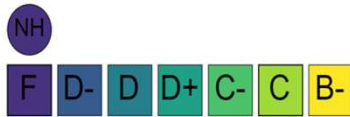




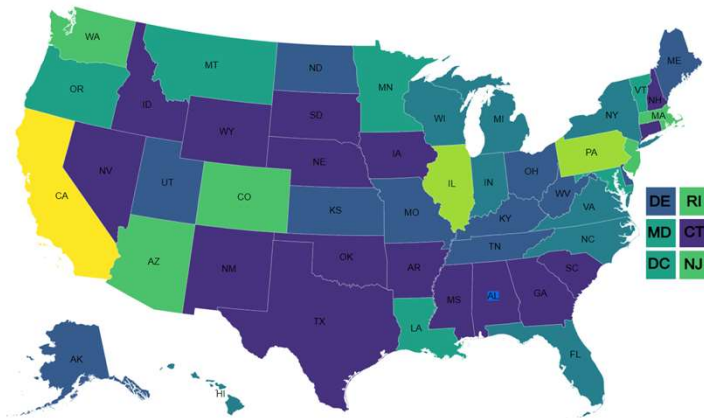
2023 U.S. Maternal Mental Health State Report Cards

The US is failing to adequately support Maternal Mental Health:

- National Grade of D
- Only one state managed to exceed C+ (CA: B-)
- 42 states received D's and F's



<https://state-report-cards.mmhmap.com/>



F

New Hampshire

Providers & Programs F

Screening & Screening Reimbursement F

Insurance Coverage & Treatment Payment D

NH



Award



Award



Award



Providers & Programs

PMH-C Provider to Patient Ratio
Maternal Mental Health Prescriber to Patient Ratio
Inpatient Perinatal Mental Health Treatment Program
Outpatient Intensive or Partial Hospitalization Programs
Maternal Mental Health Task Force or Commission
CBOs Providing Direct MMH Services

Screening & Screening Reimbursement

Requires OB-GYNs to screen for MMH disorders
Reimburses OB screening: pregnancy and postpartum
Requires MCO's to collect HEDIS prenatal measures
Requires MCO's to collect HEDIS postpartum measures
Private Insurance Prenatal Screening Billing
Private Insurance Postpartum Screening Billing

Insurance Coverage & Treatment Payment

Medicaid Expansion
Postpartum Medicaid Extension

<https://bok.ahima.org/codingstandards>

<https://state-report-cards.mmhmap.com/>

Maternal Mental Health Awareness Day proclaimed in New Hampshire

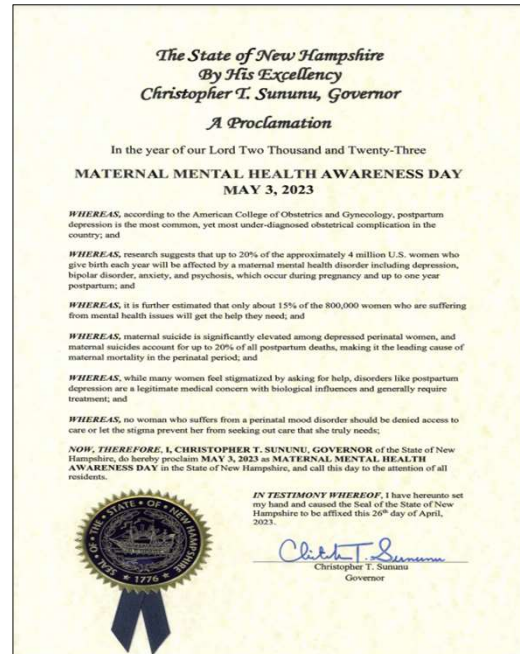
Critical need for Maternal Mental Health Services

- NH scores low on available maternal mental health infrastructure
- Currently the only northeastern state which has not extended Medicaid coverage through the postpartum year.

Current Legislative Opportunity:

New Hampshire SB175 (The "MOMnibus" bill) would provide Medicaid coverage throughout the postpartum year to mothers who qualify for

- Would ensure coverage for mental health care during the entire first year after birth
- Has received overwhelming bipartisan support
- Unanimously passed the NH Senate: 24-0.
- Currently pending incorporation into the state's budget.



Questions & Comments?



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