NH AIM/ERASE Monthly Webinar
May 11, 2023

WELCOME!

• We will begin shortly
• Please type your name and email into the chat box for attendance
• Reminder, we will be recording this session
• Please mute your line upon entering and chat in your comments or questions
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Today’s Agenda

PUBLIC ACCESS TO NALOXONE: Strategies Across NH

Jennifer Sabin, MSW, State Opioid Response Director at NH Department of Health & Human Services

UPDATES FROM NNEPQIN MEMBER ORGANIZATIONS:

Anne Frechette MSN, RNC-MNN, Clinical Nurse Manager Maternity & Lactation Services, The Elliot, Manchester, NH

Jess Bacon, CNM, Wentworth-Douglass Hospital, Dover, NH

NOTE: Today’s speakers have nothing to disclose
A quality improvement initiative to support best practices that make birth safer, improve maternal health outcomes and save lives.

CDC works with MMRCs to improve review processes that inform recommendations for preventing future deaths.


Critical Collaborations: NNEPQIN, ERASE and AIM
JENNIFER SABIN
State Opioid Response Director
Division for Behavioral Health
NH DHHS

PUBLIC ACCESS TO NALOXONE
Strategies Across NH
STATE OPIOID RESPONSE GRANT FUNDING GOALS

Reduce overdose related fatalities
Increase access to Medications for Opioid Use Disorder
Address treatment gaps
Support substance misuse continuum

Potential Opportunities for Intervention

Additional Circumstances Surrounding OD Deaths

- 21.1% Current pain treatment
- 27.4% Opioids administered
- 13.5% Homeless or suffering from housing instability
- 18.0% Recent use of opioids

87.1% of drug overdose deaths had at least one potential opportunity for intervention

*Ossurance percentages are only among decedents with an available medical examiner or coroner report

NALOXONE ACCESS: A variety of strategies

- Pharmacy access
- Narcan 4mg Over the Counter
- Hospital Emergency Department distribution post overdose
- Naloxboxes in every county
- Doorway distribution to individuals, families and community organizations
- Postpartum take home in Birthing Centers

Moving Average Doorway Naloxone Distribution: 2019-Present
So, what can we do?

Providers can:

• Monitor patients for overdose risk and provide naloxone when risk factors are identified.
• Participate in and offer naloxone training and education to patients.
• Check out the [Enhancing Provider Skills in Serving People Who Actively Use Substances](#) free training online
• Ensure that naloxone is always available.
• Treat Substance use disorders like other Chronic Health Issues
• Promote medications for OUD and other SUDs
THANK YOU
Plan, Process and Roadblocks

• Plan:
  • NNEPQIN Fall Conference 2022...Plan to implement the Narcan distribution
  • Support from OB Chief and W&C Director, Using NNEPQIN toolkit & resources got to work

• Process:
  • Team effort: Staff RN champions, OB leadership, Legal department, director of clinical education and BON, ED leadership, Makin it Happen, med safety officer, LDAC, marketing team
  • ED workflow already live, NNEPQIN community (WDH): Consistent message was removing stigma = buy in

• Roadblocks:
  • STIGMA was a roadblock.....removed it and wrote it in policy
  • BON & RN scope r/t dispensing roadblock....removed it
  • Narcan kits contained fentanyl test strips road block...removed it

Champions and Success

• Pulling staff RNs vital...buy in, cheerleading, excitement
• Created education pamphlet...Save a Life Brochure
• Every patient is offered Naloxone when preparing for discharge, warm invite explaining the “why” using the brochure, if accepted the RN continues with standard education and gives the kit
• SUCCESS: soft go live mid April, staff champions shared their experiences with the larger staff
• GO LIVE May 7th purposefully for National Prevention Week (SAMHA). Also tied in purple ribbons (awareness of opioid epidemic)and rainbow stickers (inclusion and removal of stigma) for all staff during go live
Proper Storage, Handling and Disposal of Narcan
- Do NOT store in the car.
- Do NOT freeze or keep in a place with a temperature over 80 degrees Fahrenheit.
- Store in a cool place away from bright light.
- Check expiration date, usually expires after 2 years.

When and How to Get More Narcan
- Doreway NH provides Narcan.
- Many pharmacies provide it without a prescription.
- Call 211 for more information.

Caring for You and Your Loved Ones

What is Naloxone (also known as Narcan)?
Naloxone/Narcan is a Food and Drug Administration-approved medication that is approved to reverse opioid overdose. Narcan knocks the opioids off the opioid receptors to reverse the overdose.

Did You Know?
- 1 in 3 people know someone who has an opioid use disorder.

New Hampshire’s largest percentage of maternal deaths in 2019 were caused by substance use disorders. The 2019 cases show 50% of maternal deaths were from overdose.

- The effects of opioids (fentanyl, heroin, methadone, etc.) is slowed breathing, drowsiness—Can lead to not breathing (overdose).

By offering the emergency kit to all patients, we hope to eliminate the stigma of opioid use disorders and reduce the mortality rate.

Recognizing Signs and Symptoms of Opioid Overdose
- Will not wake up or respond to voice or touch
- Breathing is very slow, irregular or has stopped
- Pupils are very small, like “pin-pointed"

When to Use Narcan
Use it immediately after confirming that the person you are caring for is not responding and may have overdosed. Use the steps below to confirm overdose:
- Ask the person if they are okay and shout their name.
- Shake them and firmly rub their chest to see if they respond.
- If they do not respond, give Narcan. It is safe even if you do not know what medication they took. It could save their life.
- Note: It is safe for pregnant people to get Narcan.

How to Use Narcan
Read the attached instructions, scan the QR code with your smartphone, or visit bit.ly/NarcanInstructions.

Possible Side Effects of Narcan
- Rapid withdrawal
- Nausea
- Vomiting

Questions?
References


Naloxone Distribution At Wentworth-Douglass Hospital

*Jess Bacon, CNM*
Core AIM Patient Safety Bundles

- Obstetric Hemorrhage
- Severe Hypertension in Pregnancy
- Safe Reduction of Primary Cesarean Birth
- Cardiac Conditions in Obstetrical Care
- Care for Pregnant and Postpartum People with Substance Use Disorder
- Perinatal Mental Health-Conditions
- Postpartum Discharge Transition
- Sepsis in Obstetrical Care
Maternal Mental Health Awareness Day proclaimed in New Hampshire

Critical need for Maternal Mental Health Services
• NH scores low on available maternal mental health infrastructure
• Currently the only northeastern state which has not extended Medicaid coverage through the postpartum year.

Current Legislative Opportunity:
New Hampshire SB175 (The "MOMnibus" bill) would provide Medicaid coverage throughout the postpartum year to mothers who qualify for
• Would ensure coverage for mental health care during the entire first year after birth
• Has received overwhelming bipartisan support
• Unanimously passed the NH Senate: 24-0.
• Currently pending incorporation into the state's budget.

Questions & Comments?
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