

NH AIM/ERASE Monthly Webinar  
July 13, 2023

## WELCOME!

- We will begin shortly
- **Please type your name and email into the chat box for attendance**
- Reminder, we will be recording this session
- Please mute your line upon entering and chat in your comments or questions
- Vicki Flanagan will monitor the chat box and call on you to unmute yourself
- If you have trouble connecting, please email **Victoria.A.Flanagan@Hitchcock.org**



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## **Plan of Safe Care Updates and Discussion**

Rekha Sreedhara, MPH

Deborah Fournier

Aditi Saha

Adriana Espitia

NH AIM/ERASE Monthly Webinar  
July 13, 2023



## **Today's Agenda**

### **Plan of Safe Care Updates and Discussion**

Rekha Sreedhara, MPH

Deborah Fournier

Aditi Saha

Adriana Espitia

**NOTE: Today's speakers have nothing to disclose**



A quality improvement initiative to support best practices that make birth safer, improve maternal health outcomes and save lives.



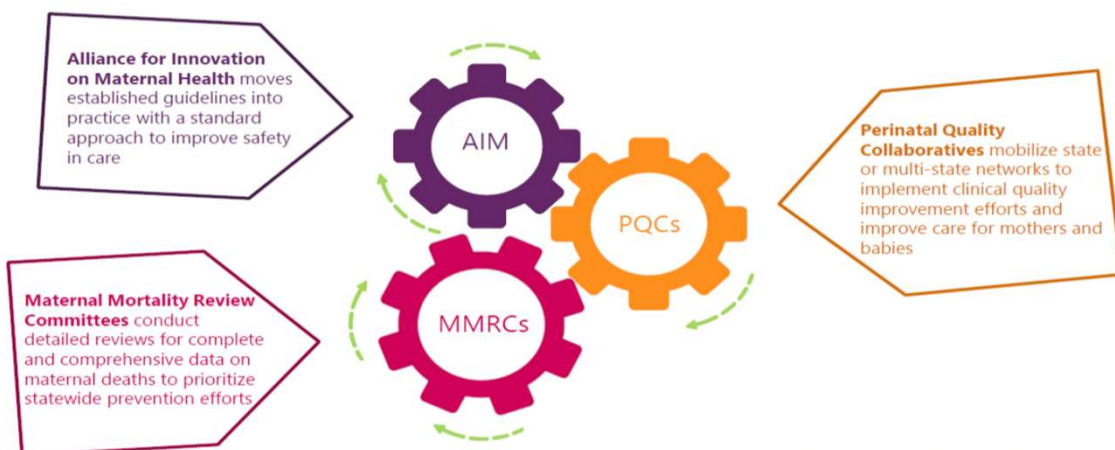
CDC works with MMRCs to improve review processes that inform recommendations for preventing future deaths.



<https://saferbirth.org/>

<https://www.cdc.gov/reproductivehealth/maternal-mortality/erase-mm/index.html>

## Critical Collaborations: NNEPQIN, ERASE and AIM



Created from a Centers for Disease Control, Division of Reproductive Health source

**NNEPQIN**  
NORTHERN NEW ENGLAND  
PERINATAL QUALITY IMPROVEMENT NETWORK

**AIM**  
ALLIANCE FOR INNOVATION  
ON MATERNAL HEALTH

**NH DIVISION OF  
Public Health Services**  
Improving health, preventing disease, reducing costs for all

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NEW HAMPSHIRE  
**Perinatal Substance  
 Exposure Collaborative**

**NH AIM/MM ERASE Meeting**

**Plan of Safe Care  
 Updates and Discussion**

**July 13, 2023**

## Perinatal Substance Exposure Collaborative

- Multidisciplinary space for collaboration and resource sharing and development.
- The Collaborative identifies and works on activities related to perinatal substance exposure in New Hampshire with a specific focus on Plans of Safe Care.
- Convenes quarterly virtually. Contact [nhcenterforexcellence@jsi.com](mailto:nhcenterforexcellence@jsi.com) to participate in these meetings.
  - 2023 Meeting Schedule
    - June 21 – 2:30-4:30
    - September 20 – 2:30-4:30
- Visit the [Center for Excellence on Addiction Perinatal webpage](#) for more information about the Collaborative and to review available resources.

NEW HAMPSHIRE  
**Perinatal Substance  
 Exposure Collaborative**

NEW HAMPSHIRE  
 CHARITABLE FOUNDATION

CENTER  
 FOR EXCELLENCE  
 ON ADDICTION

## Slide 7

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- 1 @rekha\_sreedhara@jsi.com @aditi\_saha@jsi.com I used another presentation we've done to create a draft slide deck and I kept the slides that covered the collaborative and the binder process that you can add to/edit.

Adriana Espitia, 7/5/2023

- 1 Ahh thank you Adriana! This is very helpful. I will update my slide/s

Aditi Saha, 7/5/2023

## POSC Activities

- Since 2018, the Collaborative has played an instrumental role in the implementation of Plans of Safe Care.
- A Plan of Safe Care (aka Plan of Supportive Care or Family Care Plan) is a tool that coordinates services and supports for infants and their families.
- [Activities to date](#): POSC flow chart, guidance documents, POSC template, training and education, other resources



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## POSC Videos

### • Provider Video

- 2-minute promotional video
- Informed by the Collaborative
- Emphasis that any provider can help start a POSC.

### • Family Video

- 2-minute promotional video
- Informed by Advisory Group - 11 parents in treatment/recovery who are pregnant or given birth in the last 2 years.
  - Met 4 times over Zoom for 1 hour. Involved in every step of development phase.
  - Recruited by recovery coaches. The same recovery coaches also co-facilitated meetings.
  - Paid for their time.



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## POSC Videos

- Family Feedback
  - DCYF involvement biggest concern.
  - Communicating to families that a POSC doesn't mean they have "failed".
  - Important to include partners in POSC discussion.
  - Important to use terms like Family Care Plan.
  - Wanted to see different types of families and different ethnicities. They didn't want to see the birthing parent alone with no support.
  - Wanted to hear from the perspective of a parent but also wanted to see a prenatal care provider communicating too.
  - Wanted a soothing narration voice.
  - All agreed the POSC could be super helpful but that messaging was key.



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## Binder Pilot Project

- Binder Pilot Project
  - Innovative approach used to help families own their Plan and to foster collaboration across their care teams.
  - Approach based on implementation in three states: Texas, Oklahoma and New Mexico.
  - NH Test Sites: Two hospitals and their prenatal entities
  - Feedback on content obtained from Perinatal Collaborative, participating organizations and Advisory Group.
  - Roll out anticipated in early Fall.



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## Questions & Comments?



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## NEXT MONTH

### **Antenatal/peripartum Drug Testing Policies and Procedures**

Ella Damiano, MD

NH AIM/ERASE Monthly Webinar  
August 10, 2023

