

# NH Health & Community Solutions for Pregnancy-Associated Deaths by Suicide

**For many people, pregnancy & postpartum is a time of increased access to healthcare.**

**So how can WE use this time to identify and intervene for suicide risk?**

**1**

## **Universal Screening for Mental Health Conditions:**

**Health professionals** can regularly use screening tools to assess patient mental health.

[National Institute of Mental Health "Ask Suicide-Screening Questions"](#)

[Columbia Suicide Severity Rating Scale](#)

**2**

## **Consider Safety when Discharging All Patients:**

**Health professionals** can closely monitor patients when they are discharged to a home with a history of violence, depression, or previous suicide attempts.

**Families** can reduce firearms access.

**3**

## **Education of Parents & Caretakers:**

**Health professionals** can provide medication and treatment education to caregivers.

**Families** can participate in mental health treatment for their loved one.

## Community Resources



**NH Rapid Response: Call or Text 833-710-6477**  
**Suicide Prevention & Crisis Lifeline: Dial 988**

24/7 access to mental health and/or  
substance use crisis support



**Find Your Community Health Center**  
**[www.nhcbha.org](http://www.nhcbha.org)**

Ten NH community health centers currently  
provide mental health services

