

Naloxone Saves Lives of Pregnant & Postpartum People

From 2017-2020, 62% of NH pregnancy-associated deaths were due to opioid¹ overdose

Pregnancy: high motivation for self-care and substance use disorder treatment

what happens here MATTERS

Postpartum: increased chance for fatal overdose due to lowered substance tolerance

NH Actions Upon Discharge Following Delivery



Discussion between the patient, health professionals, and family members regarding the likelihood for fatal overdose



Birthing facility provides a **Naloxone** prescription with education for all patients and family or community members, especially those at-risk

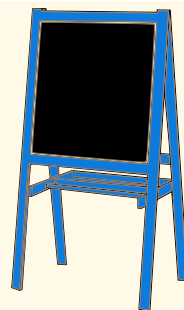


Health professionals caring for pregnant women with a history of substance use develop and share a **Plan of Safe / Supportive Care**

Community Member Actions



Get trained to help during opioid overdose emergencies with [Get Naloxone Now](#)



Learn the risks related to substance use following periods of little or no use



Take part in your loved one's Plan of Safe Care such as further treatment

"Alicia's" Experience



"Alicia", a straight-A student athlete, became addicted to opioids after a sports injury



During pregnancy:

Alicia took part in a substance use disorder treatment program

After pregnancy:

Alicia developed postpartum depression & began using non-prescribed opioids again

During a near-death overdose:

Alicia's sister administered Naloxone, saving her life

Alicia went on to receive treatment

Accessing Naloxone

If you, your friends, or your family members use opioids, having **Naloxone** ("Narcan") on hand and knowing how to use it can save lives.

Call 911 first if you think someone has overdosed.

A medicine that can rapidly reverse an opioid overdose.

To obtain Naloxone in NH:

1. Call 211 or visit www.thedoorway.nh.gov to be connected with a Doorway
2. Ask your doctor to write a prescription for Naloxone or visit a pharmacy
3. Visit www.anyoneanytimenh.org for more resources



¹. Opioids: A class of drugs used to reduce pain. Such drugs include illegal drugs (eg. heroin), synthetic opioids (eg. fentanyl), and pain relievers available legally by prescription (eg. oxycodon).