

About NARCAN Nasal Spray

Effects of opioids (fentanyl, heroin, oxycodone, etc)

- Slowed breathing, drowsiness—can lead to not breathing (overdose)

Mitigation strategies to reduce the risk of opioid overdose

- Don't use alone. Start with a small amount and go slow.

Recognizing signs and symptoms of opioid overdose

- Will not wake up or respond to voice or touch.
- Breathing is very slow, irregular or has stopped.
- Pupils of eyes are very small, like “pin-points”.

Overdose response steps

- Ask the person if they are okay and shout their name.
- Shake them and firmly rub their chest to see if they respond.

Use of naloxone HCL

- **If they do not respond, give NARCAN. It is safe even if you do not know what medication they took.** It could save their life.
- **It is safe for pregnant people to get NARCAN.**

Mechanism of action

- NARCAN knocks the opioids off the opioid receptors to reverse the overdose.

When to administer

- Immediately after confirming that they are not responding and may have overdosed.

How to administer

- See NARCAN medication insert (*on reverse side of this page*).
- **Repeat dose every 2-3 minutes until they respond.**

Possible side effects

- Rapid withdrawal including nausea, vomiting, pain, confusion

Proper storage, handling, and disposal

- **Do NOT store in the car.** Do NOT freeze or keep in a place with temperature over 80.
- Store in a cool place away from bright light.

When and how to get more NARCAN

- Doorway NH provides NARCAN
- Many pharmacies provide it without a prescription or Call 211