



Cheri is a Recovery Coach that is here to help support you during your newborn's and/or your hospital stay.

A little about Cheri

She works in Recovery Coaching at the Dartmouth-Hitchcock Moms in Recovery program offering support and resources for pregnant and newly parenting women in recovery. There, she also helps facilitate group sessions and meets with women individually on site and in the community. She also works here at the hospital, both in the OB clinic and in the inpatient setting and is available to meet with you at your convenience.

Cheri says it best when talking about how she might be able to help you during your hospital stay

"I'm very excited and grateful for this opportunity to help others that are going through similar situations that I have experienced. I want to bring hope and inspiration into their lives—to help them see that they can improve and have a more fulfilling life in recovery. So far I have seen how big a difference and impact it has made in the lives of the women I share and work with of just how big of a role peer-to-peer support is in the recovery process. Just having someone on your side, who has been through it, and who doesn't judge and just gets it... Someone who has made it out and has a good life gives them the hope and courage to do it for themselves. It is amazing to be a part of and to watch someone who lost all hope turn their life around. I love my work."

If you would like her to visit or contact you please call her at (603) 359-1024.

Please let us know if we can also help schedule a time when Cheri can visit and help support you during your stay here!

The Staff of the Birthing Pavilion

