# Boyle Program Family Resource Guide



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# Need Resources?

# In a Crisis?

# **Overwhelmed and** don't know where to begin?

2-1-1 is your connection to health and human services in your community

In NH & VT Dial 2-11 Outside NH: (866) 444-4211 Outside VT: (802) 652-4636)



#### Molly's Place at the CHaD Family Center Offers a warm, welcoming, child-friendly place at D-H Monday-Friday, 9 am-5 pm

Staff is available to support families, provide resources, education, and community connections. Molly's Place is a great area for children to play and families to unwind between appointments or during long hospital stays.

#### Listen

#### (603) 448-4553

Provides services and support to meet critical needs of Upper Valley individuals and families

- Budget Counseling
- Camp Scholarships
- Community Dinners Crisis Assistance with Clothing
- Finances, Food, Fuel, Housing & Utilities
- Food Pantry
- Holiday Gift Baskets
- Thrift Stores
- Youth Mentoring

#### **The Family Place**

#### (802) 649-3268

#### A Parent-Child Center serving families of Windsor County

- Child Advocacy
- Child Care
- Financial Assistance
- Home Visits Lending Library
- Playgroups
- Parent Education and Support

## The Upper Valley Haven (802) 295.6500

# Provides resources to Upper Valley families in need

- Community Resource Assistance
  Educational Programming
- Crisis Assistance with Food and Housing
- Employment Services

# Women's Health Resource Center

# Conveniently located On-The-Mall in Lebanon

Offers many resources including an extensive lending library, Free lectures on women's health topics, innovative classes, work-shops, support groups, referral/advocacy services, breast-feeding and childbirth education, community outreach, individual consultations, diaper bank.

# **Programs for Children with Chronic** Health Conditions

#### **New Hampshire**

#### Community Partners Behavioral Health and Developmental Services of Strafford County

Provides early support, resources, and services for families of children with developmental disabilities. (603) 516-9300

#### **New Hampshire Family Ties**

Legal and medical resources to empower Cerebral Palsy Families. (800) 273-2645

#### New Hampshire Family Voices

Empowers/informs families and professionals caring for children with special health needs and disabilities from birth to adulthood. (800) 852-3345 (x4525)

#### Partners in Health New Hampshire with Child and Family Services

Provides support to young adults and families of children with chronic health conditions. (800) 656-3333

#### **Special Medical Services Bureau**

Helps families obtain specialty health care services, information and support.

(603) 271-4488

#### Special Needs Support Center (SNSC)

Assists children and adults with special needs, and their families. (603) 448-6311

#### Vermont

Fletcher Allen Health Care Inc. HIV/AIDS Comprehensive Care Clinic (802) 229-5415

Vermont Center for the Deaf & Hard of Hearing (802) 229-5415

#### Vermont Department of Health Children with Special Health Needs

Provides information, medical services, care coordination, limited specialty clinics including child development, respite funding and nutrition services to help families support their children. (802) 863-7333

#### Vermont Family Network (VFN)

(Previously known as Parent-to-Parent of Vermont) Empowers and supports Vermont families of children with special needs. (800) 800-4005

## **Dental Health**

#### Children's Dentistry of the Lakes Region (Ages infant-19)

Lake's Region Office, Gilford, NH (603) 527-2500

North Country Office, Littleton, NH (603) 444-1500

White Mountains Office, Plymouth, NH (603) 536-2500

Concord Pediatric Dentistry (Ages 1-15) (603) 224-3339

#### Dr. Gary Breen

(Ages 1-18) Rutland County residents only. (802) 775-6771

#### Just Kids Pediatric Dentistry

(Ages infant-18) Primary Office: Norwich, VT Satellite Office: Lebanon, NH (802) 649-5210

# **New London Pediatric** Dentistry (Ages 1-15)

(603) 877-0069

#### **NH Smiles Program**

For those whose children are enrolled in the NH Medicaid Program, Client Services will assist in finding dental care for their children. (603) 271-4344

Patel Dental Group of Upper Valley (All ages) (603) 678-4700

Upper Valley Pediatric Dentistry (Ages up to 18) (802) 350-2860

# Free Medical & Dental Care

### **Good Neighbor Health Clinic** Provides free medical care to low income Upper Valley

residents living within 30 miles of White River Junction, Vermont. (802) 295-1868

#### **Red Logan Dental Clinic**

Provides free dental care to low income adult residents living within 30 miles of White River Junction, Vermont. (802) 295-7573

# **Counseling and Mental Health** (children & adults)

#### **Child and Family Services**

Focuses on family counseling and independent living skills. \* Accepts NH and VT Medicaid (603) 298-8237

#### **Dartmouth-Hitchcock Psychiatry Crisis and Consultation**

Provides psychiatric emergency services plus alcohol and drug abuse programs. \*Accepts NH and VT Medicaid

(800) 556-6249

# Headrest Teen Line

Trained crisis counselors are available 24/7 to help with whatever is on your mind. Teen line: (800) 639-6095 Crisis Hotline: (603) 448-4400



#### Health Care & Rehabilitation Services of Southeastern Vermont (HCRS)

Serves Windham and Windsor Counties for both adults and adolescents. \*Accepts NH and VT Medicaid Emergency: (800) 622-4235 Brattleboro, VT: (802) 254-6028 Hartford, VT: (802) 295-3031 Springfield, VT: (802) 886-4500

#### **Planned Parenthood**

(White River Junction, VT) (802) 281-6056

#### West Central Behavioral Health

A nonprofit, community-based mental health organization serving the needs of individuals and families in Grafton and Sullivan County. \*Accepts NH and VT Medicaid Counseling for children: (603) 298-1101 Main Office: (603) 448-0126

# **Health Insurance**

#### **New Hampshire**

NH Medicaid (Children's Medicaid) Health and dental coverage for eligible children to age 20. (603) 271-4344

#### New Hampshire Healthy Families Health care coverage for Medicaid enrollees

(866) 769-3085

Well Sense-Managed Care for Medicaid enrollees (877) 957-1300

#### Vermont

# Medicaid (Dr. Dynasaur)

Low-cost and free health coverage for children, teens under 19, and pregnant women. (866) 482-4723

#### **Green Mountain Care**

Low-cost and no-cost health insurances for uninsured Vermonters. (800) 250-8427

## Vermont Health Connect (VHC)

Vermont's Health Insurance Marketplace. Enroll in public health care programs (Medicaid and Dr. Dynasaur), buy private insurance, and find out if you are eligible for subsidies to help with coverage. (855) 899-9600

# **Domestic Violence, Sexual Abuse and Assault Hotlines**

#### Child Advocacy Center (CAC) at Dartmouth

(Grafton and Sullivan Counties) A child-friendly place where trained forensic interviewers talk to suspected victims of child abuse. (603) 653-9012

#### **Turning Points Network**

(Sullivan County) Available 24/7. Crisis Support, Advocacy and Prevention. (603) 543-0155

#### Wise

(Grafton County) Available 24/7. Crisis Support, Advocacy and Prevention. (603) 448-5525

# **Substance Abuse Programs & Support**

#### **D-H Alcohol and Drug Treatment Options**

This directory lists resources for both NH and VT in Residential Treatment; Intensive Outpatient Treatment; Outpatient Treatment; and Support Groups.

www.dhmc.org/goto/alcohol\_substance\_abuse\_regional\_directory

#### **New Hampshire**

#### Headrest Crisis Hotline (Lebanon, NH) (603) 448-4400

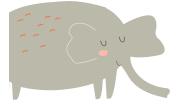
National Suicide Prevention Lifeline

(800) 273-8255

Teen Line Outpatient Alcohol/Drug Treatment (800) 639-6095

#### Orion House

(Newport, NH) For male adolescents. \* Accepts NH Medicaid (603) 863-4918



#### Vermont

#### Health Care and Rehabilitation Services of Southeastern Vermont (HCRS)

(Windham and Windsor Counties) For adults and adolescents.

\* Accepts Medicare & VT Medicaid Crisis Line: (802) 886-4500 Brattleboro, VT: (802) 254-6028 Springfield, VT: (802) 886-4500

## Southwestern Community Services (Claremont) (603) 542-3160

The Upper Valley Haven (WRJ, VT) (802) 295-6500

Tri-County Cap (Upper Valley) (603) 443-6150

# **Support and Education for Parents**

#### **New Hampshire**

#### **New Hampshire Family Ties**

Good Beginnings of the Upper Valley promotes healthy families and creates a caring community where every new parent feels connected and every baby enjoys a good beginning. Hands-on support is offered FREE to every family with a new baby in New Hampshire and Vermont regardless of income or circumstance. (603) 298-9524

#### Pathways of the River Valley

Provides home-based therapeutic services for children, birth to age 3, who have a developmental delay or are at risk for a delay. Also, support for families and children ages 3-21 including information, referral, educational advocacy, respite care and in-home support. (603) 448-2077

#### Southern New Hampshire Services (SNHS)

(Hillsborough and Rockingham Counties) Crisis Assistance with Food, Fuel, Housing and Utilities; Head Start Home Weatherization; Workforce Development (603) 668-8010

#### Southwestern Community Services (SCS)

(Cheshire and Sullivan Counties) Crisis Assistance with Food, Fuel, Housing and Utilities; Head Start Home Weatherization; Workforce Development (603) 352-7512

#### **TLC Family Resource Center**

Teaching loving connections (Previously known as Good Beginnings of Sullivan County) provides important tools and education for parents in Lower Grafton and Sullivan Counties to increase positive relation-ships with their children. (603) 542-1848

#### Vermont

#### Southeastern Vermont Community Action (SEVCA)

(Windsor and Windham Counties) Crisis Assistance with Clothing, Food, Fuel, Housing and Utilities; Home Weatherization; Head Start; Resource Library; Workforce Development (802) 772-4575

#### The Orange County Parent-Child Center

Offers parent education and support, play groups, home visits, child advocacy, and a lending library. (802) 685-2264



# **Car Seats**

Community Partners Behavioral Health and Developmental Services of Strafford County

Provides early support, resources, and services for families of children with developmental disabilities. (603) 516-9300

Injury Prevention (Special circumstances only) (603) 308-2253

#### **Child Care**

Child Care Aware of New Hampshire New Hampshire's Trusted Child Care Resource (603) 578-1386

Dartmouth College Child Care Center (603) 646-6610

# Clothing

Baby Steps (Claremont, NH) (603) 372-6134

Good Buy Store (SEVCA) (White River Junction, VT) (802) 359-4183

LISTEN Community Service (WRJ, VT, Lebanon, Canaan) (603) 448-4553

### **Diaper Banks**

Women's Health Resource Center (On-the-Mall, Lebanon, NH) (603) 650-2600

#### **Financial Assistance**

NH Department of Health & Human Services (603) 271-9700

VT Department for Children & Families (Family Services Division) (800) 241-2131 (Benefits/Economic Services) (800) 479-6151 Vermont Department of Health (888) 253-8799

Well Sense Member Services (877) 957-1300

#### Women's Health Resource Center (WHRC)

The WHRC holds a Car Seat Recycling and Safety Event each spring. Please call for information. (603) 650-2600

Head Start (Claremont, NH) (603) 542-2721 (WRJ, VT) (802) 295-1122

The Family Place (Norwich, VT) (802) 649-3268

Enfield United Methodist Vestry (Enfield, NH) (603) 632-5030

TLC Family Resource Center Thrift Store (Claremont, NH) (603) 542-1848

LISTEN Community Services (603) 448-4553

Welfare Information (Please contact your Town Office)



# Food

#### **Community Dinners (Free and served family style)**

### **Claremont Soup Kitchen**

(Sullivan County) Every day, 4-5 pm; 51-53 Central Street, Claremont, NH (603) 543-3290

#### Enfield, NH

(All welcome) Wednesdays, 5-6 pm; United Methodist Church, Route 4, Enfield, NH (603) 632-5026

#### LISTEN Community Dinner Program

(All welcome) Monday-Saturday, 5-6 pm; 44 Maple Street, WRJ, VT Mondays Only, 5-6 pm; Assembly of God, Canaan, NH (603) 448-4553

## **Food Pantries**

Local food pantries, soup kitchens, food shelves, food banks and other food help can be found at: www.foodpantries.org

#### Molly's Place

Has printed lists of Upper Valley Area Food Resources for both New Hampshire and Vermont.

#### The Women's Health Resource Center

On-the-mall in Lebanon, offers produce. Call for details. (603) 650-2600

#### Churches

Churches may offer food assistance as part of their community outreach and ministry program. Please contact your local church for information.

#### **School Programs**

Many schools offer food programs in addition to lunch. Please check with your child's teacher for information.

#### **State Food and Nutritin Resources**

#### Food Stamp/SNAP Program

(New Hampshire) (603) 271-9700

#### Food Stamp/3SquaresVT Program

(Vermont) (800) 479-6151

#### Women, Infants Children (WIC)

(Eligibility based on income) offers resources and food to pregnant woman, moms who are breastfeeding or have a new baby, and children from birth to age 5, so families can eat well and grow healthy. NH: (603) 352-7512; VT: (800) 649-4357

# Housing

#### **New Hampshire**

Claremont Housing Authority (Income eligible) (603) 542-6411

Gile Hill (Affordable Rentals, Hanover, NH) (603) 676-7721

Lebanon Housing Authority (Income eligible) (603) 298-5753

LISTEN Housing Helpers (Crisis Housing) (603) 448-4553

New Hampshire Assisted Housing Division (800) 439-7247

New Hampshire Housing (Rental Assistance) (603) 472-8623; www.nhhfa.org

Southwestern Community Services (Cheshire & Sullivan Counties) (603) 542-9528

Sullivan County Housing Coalition (Homeless Shelter, Emergency and Transitional Housing) (603) 542-2448

Tri-County Community Action Program (CAP) (Homeless Intervention Services) (603) 443-6150

Twin Pines Housing Trust (Enfield, Hanover & Lebanon, NH; Hartford & WRJ, VT) (802) 291-7000

#### Vermont

LISTEN Housing Helpers (Crisis Housing) (603) 448-4553

Twin Pines Housing Trust (Enfield, Hanover & Lebanon, NH; Hartford & WRJ, VT) (802) 291-7000

Vermont State Housing Authority (Income eligible) (802) 828-3295

## **Fuel Assistance (For Home)**

Crisis Fuel & Utility Assistance

SCS: (603) 352-7512 SEVCA: (802) 722-4575 SNHS: (603) 668-8010 LISTEN Heating Helpers Program (603) 448-4553

Tri-County CAP (603) 968-3560

#### **Mobile Phone**

(Free Phone for income-eligible consumers) Medicaid recipients can receive a FREE cell phone or land line from a government supported Lifeline Assistance program. www.lifelinelanding.com

# Shelters

Families in Transition (Manchester, NH) (603) 641-9441

Friends Emergency Housing (Concord, NH) (603) 228-1462

Nashua Soup Kitchen & Shelter (603) 889-7770

New Hampshire HelpLine (800) 852-3388



# Transportation

#### **New Hampshire**

Advance Transit Free Upper Valley Rides (map of routes in Molly's Place) (802) 295-1824

Dial-a-Ride The Current For Medicaid enrolled families. (888) 869-6287

NH Medicaid Ride Coordinator (800) 852-3345 x3770

Tri-County CAP Transit Serves Coos, Carroll and Northern Grafton Counties. (603) 752-1741

#### Vermont

Advance Transit Free Upper Valley Rides (map of routes in Molly's Place) (802) 295-1824

RCT - Rural Community Transportation Serves Northern Vermont communities. (855) 811-6360

Stagecoach Transportation System Serves Orange and Northern Windsor Counties. (802) 728-3773

Vermont Public Transportation Association (VPTA) For Medicaid enrolled families. (833) 387-7200

