

# NH Services & Supports for Pregnant and Parenting Women

Services/Supports	NH Regional Public Health Networks												
	Capital	Carroll County	Central	Manchester	Monadnock	Nashua	Greater Sullivan County	North Country	Seacoast	South Central	Strafford	Upper Valley	Winnepesaukee
<b>NH Birth Hospitals</b>	<a href="#">Concord Hospital</a>	<a href="#">Memorial Hospital</a>	<a href="#">Speare Memorial Hospital</a>	<a href="#">Catholic Medical Center</a> <a href="#">Elliot Hospital</a>	<a href="#">Cheshire Medical Center</a> <a href="#">Monadnock Community Hospital</a>	<a href="#">Southern NH Medical Center</a> <a href="#">St. Joseph Hospital</a>		<a href="#">Androscoggin Valley Hospital</a> <a href="#">Littleton Regional Healthcare</a>	<a href="#">Exeter Hospital</a> <a href="#">Portsmouth Regional Hospital</a>	<a href="#">Parkland Medical Center</a>	<a href="#">Frisbie Hospital</a> <a href="#">Memorial Hospital</a> <a href="#">Wentworth Douglass Hospital</a>	<a href="#">Dartmouth-Hitchcock Medical Center</a>	
<a href="#">The Doorway-NH (www.thedoorway.nh.gov)</a>	<a href="#">Concord Hospital</a>	<a href="#">VNA of Central New Hampshire</a>		<a href="#">Granite Pathways</a>	<a href="#">Cheshire Medical Center</a>	<a href="#">Granite Pathways</a>		<a href="#">Androscoggin Valley Hospital</a> <a href="#">Littleton Regional Healthcare</a>	<a href="#">Wentworth Douglass Hospital</a>		<a href="#">Wentworth Douglass Hospital</a>	<a href="#">Dartmouth-Hitchcock Medical Center</a>	<a href="#">Lakes Region General Hospital</a>
<b>Visiting Nurse Association (VNA)</b>	<a href="#">Concord Regional VNA</a>	<a href="#">VNA of Central NH</a>	<a href="#">VNA of Central NH</a>	<a href="#">VNA of Manchester &amp; Southern NH</a>					<a href="#">Seacoast VNA</a> <a href="#">VNA of Rockingham</a>		<a href="#">Cornerstone VNA</a>		<a href="#">Lakes Region VNA</a>
<a href="#">Women, Infants, and Children Program (WIC) (www.signupwic.com)</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc</a>	<a href="#">Goodwin Community Health</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc</a>	<a href="#">Southern NH Services</a>	<a href="#">Southwestern Community Services</a>	<a href="#">Southern NH Services</a>	<a href="#">Southwestern Community Services</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc</a>	<a href="#">Southern NH Services</a>	<a href="#">Southern NH Services</a>	<a href="#">Goodwin Community Health</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc</a>
<b>Community Health Centers</b>	<a href="#">Concord Hospital Family Health Center</a>	<a href="#">White Mountain Community Health Center</a>	<a href="#">Mid-State Health Center</a>	<a href="#">Health Care for the Homeless Program</a> <a href="#">Manchester Community Health Center</a>		<a href="#">Harbor Care Health &amp; Wellness Center</a> <a href="#">Lamprey Health Care</a>		<a href="#">Ammonoosuc Community Health Services</a> <a href="#">Coos County Family Health Services</a> <a href="#">Indian Stream Health Center</a> <a href="#">North Country Health Consortium</a> <a href="#">Weeks Medical Center</a>	<a href="#">Families First Health and Support Center</a> <a href="#">Lamprey Health Care</a>	<a href="#">Lamprey Health Care</a>	<a href="#">Goodwin Community Health</a>	<a href="#">Mascoma Community Health Center</a>	<a href="#">HealthFirst Family Care Center</a>
<a href="#">Family Resource Centers (FRC) (www.fsnh.org)</a>	<a href="#">Waypoint Concord Family Resource Center</a>	<a href="#">Children Unlimited</a>	<a href="#">Whole Village Family Resource Center</a>	<a href="#">Waypoint Manchester Family Resource Center</a> <a href="#">Easter Seals Child Development and Family Resource Center</a> <a href="#">The Family Education Collaborative at the YWCA</a>	<a href="#">The River Center Home Healthcare Hospice and Community Services</a> <a href="#">Grapevine Family &amp; Community Resource Center</a>	<a href="#">Waypoint Nashua Family Resource Center</a>	<a href="#">TLC Family Resource Center</a>	<a href="#">Family Resource Center</a> <a href="#">Littleton Area Family Resource Center at Child and Family Services</a>	<a href="#">Families First</a>	<a href="#">The Upper Room Salem Family Resources – Success by Six</a>	<a href="#">Community Action Partnership of Strafford County</a>	<a href="#">TLC Family Resource Center</a>	<a href="#">Lakes Region Community Services/Family Resource Center of Central NH</a> <a href="#">Greater Tilton Area Family Resource Center</a>

Edits/Additions? Contact Rekha Sreedhara @ [Rekha\\_Sreedhara@jsi.com](mailto:Rekha_Sreedhara@jsi.com)

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	Capital	Carroll County	Central	Manchester	Monadnock	Nashua	Greater Sullivan County	North Country	Seacoast	South Central	Strafford	Upper Valley	Winnepesaukee
<b>Family Planning/ Sexual and Reproductive Health</b>	<a href="#">Equality Health Center</a> <a href="#">Concord Family Health Center</a>	<a href="#">White Mountain Community Health Center</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc</a>	<a href="#">PPNNE Manchester Health Center</a> <a href="#">Manchester Community Health Center</a> <a href="#">Elm Street (teen clinic)</a>	<a href="#">PPNNE Keene Health Center</a>	<a href="#">Lamprey Healthcare</a>	<a href="#">The Women's Health Center of Springfield</a> <a href="#">PPNNE Claremont</a>	<a href="#">Coos County Family Health Center</a>	<a href="#">PPNNE Exeter Health Center</a> <a href="#">Reproductive Care Center of Exeter Hospital</a> <a href="#">Joan G. Lovering Health Center</a>	<a href="#">PPNNE Derry Health Center</a> <a href="#">Joan Lovering Health Center</a>	<a href="#">Joan Lovering Health Center</a>	<a href="#">PPNNE Claremont Health Center</a> <a href="#">Mascoma Community Health Center</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc.</a>
<b>Parenting Classes</b>	<a href="#">The Children's Place and Parent Education Center</a>								<a href="#">Families First Health and Support Center</a>		<a href="#">Goodwin Community Health</a>	<a href="#">Women's Health Resource Center</a>	
<b>Early Head Start</b>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc.</a>			<a href="#">Southern NH Services</a>	<a href="#">Southwestern Community Services</a>	<a href="#">Southern NH Services</a> <a href="#">Child Care Aware of New Hampshire</a>	<a href="#">Claremont Head Start</a> <a href="#">Southwestern Community Services</a>				<a href="#">Community Action Partnership of Strafford County</a>		<a href="#">Community Action Program Belknap-Merrimack Counties, Inc.</a>
<b>Healthy Families America/ Voluntary Home Visiting</b>	<a href="#">Waypoint Concord Family Resource Center</a>	<a href="#">Children Unlimited</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc.</a>	<a href="#">Waypoint</a>	<a href="#">The River Center Monadnock Family Services</a>	<a href="#">Waypoint</a>	<a href="#">TLC Family Resource Center</a>	<a href="#">Family Resource Center</a>	<a href="#">Families First Waypoint</a>	<a href="#">The Upper Room Waypoint</a>	<a href="#">Community Action Partnership of Strafford County</a>	<a href="#">TLC Family Resource Center</a> <a href="#">Good Beginnings of the Upper Valley</a>	<a href="#">Community Action Program Belknap-Merrimack Counties, Inc.</a> <a href="#">VNA of Central NH</a> <a href="#">Lakes Region Community Services/Family Resource Center of Central NH</a>
<b>Early Supports and Services</b>	<a href="#">Community Bridges</a>	<a href="#">Northern Human Services</a>		<a href="#">The Moore Center</a> <a href="#">Easterseals Family Centered Early Supports and Services</a>	<a href="#">Monadnock Developmental Services</a> <a href="#">MDS Birth to Three Partnering with Families</a> <a href="#">Rise for Baby and Family</a>	<a href="#">Gateways Community Services</a> <a href="#">The Children's Pyramid</a>	<a href="#">Pathways of the River Valley</a>	<a href="#">Northern Human Services</a>	<a href="#">One Sky Community Services</a> <a href="#">Waypoint</a> <a href="#">Richie McFarland Children's Center</a>	<a href="#">Community Crossroads</a> <a href="#">Easterseals Family Centered Early Supports and Services</a> <a href="#">The Children's Pyramid</a>	<a href="#">Community Partners</a>	<a href="#">Pathways of the River Valley</a>	<a href="#">Lakes Region Community Services</a> <a href="#">Community Bridges</a>
<b>Mental Health Services</b>	<a href="#">Riverbend Community Mental Health</a>	<a href="#">Northern Human Services</a>		<a href="#">Mental Health Center of Greater Manchester</a> <a href="#">Manchester Community Health Center</a>	<a href="#">Monadnock Family Services</a>	<a href="#">Community Council of Nashua</a>	<a href="#">West Central Behavioral Health</a>	<a href="#">Northern Human Services</a>	<a href="#">Seacoast Mental Health</a>	<a href="#">Center for Life Management</a>	<a href="#">Community Action Partnership of Strafford County</a>	<a href="#">West Central Behavioral Health</a>	<a href="#">Lakes Region Mental Health Center</a>
<b>Housing Assistance</b>								<a href="#">Affordable Housing, Education and Development</a>					<a href="#">Lakes Region Community Developers</a>
<b>Emergency Family Shelter</b>	<a href="#">Friends Program</a>		<a href="#">Bridge House</a>				<a href="#">Claremont Shelter</a>						

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Legal Assistance	<a href="#">NH Legal Assistance Legal Advice and Referral Center</a>												
Safety and Domestic Violence Supports	<a href="#">Crisis Center of Central NH</a>	<a href="#">Starting Point Services for Victims of Domestic and Sexual Violence</a>	<a href="#">Voices Against Violence</a>	<a href="#">YMCA Crisis Center</a>	<a href="#">Monadnock Center for Violence Prevention</a>	<a href="#">Bridges Domestic and Sexual Violence Support</a>	<a href="#">Turning Points Network</a>	<a href="#">Response to Sexual and Domestic Violence</a> <a href="#">The Support Center at Burch House</a>	<a href="#">Haven</a>		<a href="#">Sexual Harassment and Rape Prevention Program</a> <a href="#">Haven</a>	<a href="#">WISE Turning Points Network</a> <a href="#">Child Advocacy Center</a>	<a href="#">New Beginnings Without Violence and Abuse</a>
Substance Use Disorder Services	<a href="#">Concord Hospital/ Perinatal Addiction Treatment Program</a>	<a href="#">Memorial Hospital/A New Life Program</a>		<a href="#">Families in Transition – New Horizons</a> <a href="#">Catholic Medical Center/Roots for Recovery</a> <a href="#">Manchester Community Health Center</a>	<a href="#">Cheshire Medical Center/ Mothers in Recovery</a>	<a href="#">Keystone Hall/ Cynthia Day Family Center</a>			<a href="#">Families First</a>		<a href="#">Hope on Haven Hill</a>	<a href="#">Dartmouth-Hitchcock Medical Center/ Moms in Recovery</a>	
Integrated Maternity Care & Medication Assisted Treatment Services	<a href="#">Dartmouth-Hitchcock Concord</a> <a href="#">Concord Hospital</a>	<a href="#">Memorial Hospital</a>		<a href="#">Dartmouth-Hitchcock Manchester</a> <a href="#">Catholic Medical Center</a> <a href="#">Manchester Community Health Center</a>	<a href="#">Dartmouth-Hitchcock Keene</a>	<a href="#">Dartmouth-Hitchcock Nashua</a>		<a href="#">Littleton Regional Healthcare</a> <a href="#">Coos County Family Health Services</a>	<a href="#">Families First Health and Support Center</a> <a href="#">Lamprey Health Care</a>		<a href="#">Goodwin Community Health</a>		
Recovery Support Services (e.g. recovery coaching)		<a href="#">Mount Washington Valley Supports Recovery</a> <a href="#">White Horse Addiction Center</a>		<a href="#">HOPE for New Hampshire Recovery</a>	<a href="#">Keene Serenity Center</a>	<a href="#">Revive Recovery Center</a>	<a href="#">Center for Recovery Resources</a>	<a href="#">HOPE for New Hampshire Recovery</a> <a href="#">North Country Serenity Center</a>	<a href="#">Safe Harbor Recovery Center</a>		<a href="#">SOS Recovery Community Center</a>	<a href="#">Dartmouth-Hitchcock Medical Center/ Moms in Recovery</a>	
Family Support Groups	<a href="#">Granite Pathways Family Support Groups</a>												

**OTHER RESOURCES:**

- [2-1-1 NH](#) – Provides 24/7 assistance to individuals with a substance use or addiction-related crisis.
- [NH Alcohol and Drug Treatment Locator](#) – Directory of substance use disorder treatment including medication assisted treatment and recovery support service providers.
- [National Suicide Prevention Lifeline](#) – Provides 24/7 free and confidential support and prevention and crisis resources for individuals in distress and loved ones and best practices for professionals.
- [Family Centered Early Supports and Services \(FCESS\)](#) – Program designed for children birth through age three who have a diagnosed, established condition that has a high probability of resulting in delay, are experiencing developmental delays, or are at risk for substantial developmental delays if supports and services are not provided. Anyone who is concerned about an infant or toddler’s development, including a parent, may make a referral to FCESS.
- [Special Medical Services](#) – Provides financial and medical assistance for children with special health care needs ages birth to 21.
- [Partners in Health](#) – Provides support to families of children with chronic health conditions that significantly impact daily life.
- [Well Sense Sunny Start Care Management Program](#) – Resources and support including care coordination, access to a nurse, and education for pregnant and postpartum women enrolled in Well Sense Health Plan.

# REGIONAL PUBLIC HEALTH NETWORKS

Capital	Carroll County	Central	Manchester	Monadnock	Nashua	Greater Sullivan County	North Country	Seacoast	South Central	Strafford	Upper Valley	Winnepesaukee
Allenstown Andover Boscawen Bow Bradford Canterbury Chichester Concord Deering Dunbarton Epsom Henniker Hillsboro Hopkinton Loudon Northwood Pembroke Pittsfield Salisbury Warner Washington Webster Weare Windsor	Albany Bartlett Brookfield Chatham Conway Eaton Effingham Freedom Hart's Location Jackson Madison Moultonborough Ossipee Sandwich Tamworth Tuftonboro Wakefield Wolfeboro	Alexandria Ashland Bridgewater Bristol Campton Ellsworth Groton Hebron Holderness Lincoln Livermore Plymouth Rumney Thornton Warren Waterville-Valley Wentworth Woodstock	Auburn Bedford Candia Deerfield Goffstown Hooksett Manchester New Boston	Antrim Bennington Francestown Greenfield Greenville Hancock New Ipswich Peterborough Sharon Temple Alstead Chesterfield Dublin Fitzwilliam Gilsum Harrisville Hinsdale Jaffrey Keene Marlborough Marlow Nelson Richmond Rindge Roxbury Stoddard Sullivan Surry Swanzey Troy Walpole Westmoreland Winchester	Nashua Amherst Brookline Hollis Hudson Litchfield Lyndeborough Mason Merrimack Milford Mont Vernon Pelham Wilton	Acworth Charlestown Claremont Cornish Croydon Goshen Langdon Lempster Newbury New London Newport Springfield Sunapee Sutton Unity Wilmot	Atkinson Bath Beans Grant Beans Purchase Benton Berlin Bethlehem Cambridge Carroll Chandler's Purchase Clarksville Colebrook Columbia Crawfords Purchase Cutts Grant Dalton Dixs Grant Dixville Dummer Easton Errol Erving's Location Franconia Gorham Greens Grant Hadleys Purchase Haverhill Jefferson Kilkenney Lancaster Landaff Lisbon Littleton Low and Burbank's Grant Lyman Martins Location Milan Millsfield Monroe Northumberland Odell Pinkham's Grant Pittsburg Randolph Sargents Purchase Second College Grant Shelburne Stark Stewartstown Stratford Success Sugar Hill Thompsons & Meserves Purchase Wentworths Location Whitefield	Brentwood East Kingston Epping Exeter Fremont Greenland Hampton Hampton Falls Kensington Kingston New Castle Newfields Newington Newmarket Newton North Hampton Nottingham Portsmouth Raymond Rye Seabrook South Hampton Stratham	Atkinson Chester Danville Derry Hampstead Londonderry Plaistow Salem Sandown Windham	Barrington Dover Durham Farmington Lee Madbury Middleton Milton New Durham Rochester Rollinsford Somersworth Strafford	Canaan Dorchester Enfield Grafton Grantham Hanover Lebanon Lyme Orange Orford Piermont Plainfield	Alton Barnstead Belmont Center Harbor Danbury Franklin Gilford Gilmanton Hill Laconia Meredith New Hampton Northfield Sanbornton Tilton