

WOMAN ABUSE SCREENING TOOL¹ (WAST)

1. In general, how would you describe your relationship?
 - a lot of tension
 - some tension
 - no tension

2. Do you and your partner work out arguments with:
 - great difficulty
 - some difficulty
 - no difficulty

3. Do arguments ever result in you feeling down or bad about yourself?
 - often
 - sometimes
 - never

4. Do arguments ever result in hitting, kicking or pushing?
 - often
 - sometimes
 - never

5. Do you ever feel frightened by what your partner says or does?
 - often
 - sometimes
 - never

6. Has your partner ever abused you physically?
 - often
 - sometimes
 - never

7. Has your partner ever abused you emotionally?
 - often
 - sometimes
 - never

8. Has your partner ever abused you sexually?
 - often
 - sometimes
 - never

Source: Brown, J., Lent, B., Schmidt, G., & Sas, S. (2000). Application of the Woman Abuse Screening Tool (WAST) and WAST-short in the family practice setting. *Journal of Family Practice*, 49, 896-903.

¹ Note: this tool is validated