



The following guidelines are intended only as a general educational resource for hospitals and clinicians, and are not intended to reflect or establish a standard of care or to replace individual clinician judgment and medical decision making for specific healthcare environments and patient situations.

A Toolkit for the Perinatal Care of Women with Substance Use Disorders

This toolkit was developed by a multidisciplinary group of obstetric, pediatric, neonatal, and addiction treatment providers and nurses to assist front-line perinatal care providers to improve the quality and safety of care provided to pregnant women with substance use disorders in northern New England. Funding for toolkit development and implementation has been generously provided by the New England Chapter of the March of Dimes and the New Hampshire Charitable Foundation. In 2017, its scope was expanded to include guidelines for screening and care of alcohol use disorders.

This toolkit builds upon the work of many dedicated professionals across the region. It is designed to facilitate best practice based on prior research as well as regional and national guidelines addressing the care of this population. Our aim is to accelerate the application, spread and sustainability of previous work in this area, promote an evidence-based and contextually sensitive approach, and to improve outcomes for both mothers and babies.

Between January 2017 and December 2018, the content of this toolkit is being implemented and tested by a learning collaborative comprised of prenatal care providers in diverse contexts across Maine, New Hampshire, and Vermont. In February, 2018, toolkit content was revised to ensure alignment with recommendations in *Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorders and their Infants* released by the federal Substance Use and Mental Health Services Administration (SAMHSA). More information about the work of this collaborative can be found at: www.nnepqin.org.

Feedback, questions, and suggestions are welcome and may be directed to the following individuals:

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