

How to Contact Us

If you have questions, contact us at (603) 653-1860. You may also visit us at:

Moms in Recovery

dartmouth-hitchcock.org/psychiatry/moms-in-recovery.html

Substance Use Intensive Outpatient Program

dartmouth-hitchcock.org/psychiatry/substance-use-outpatient.html

Our Address

Dartmouth-Hitchcock
Addiction Treatment Program
Rivermill Complex
85 Mechanic Street, Suite 3-B1
Lebanon, NH 03766

Original content developed by Dartmouth-Hitchcock
Moms in Recovery providers.

A Drug Called "Bath Salts"

Do You Know the Risks?



More people are using stimulant chemicals known as “bath salts” (“salts”) to get high. But these are not the same thing your mom used to put in the tub.

The exact makeup of “salts” changes according to which lab makes them, so you never know exactly what is in them. The most common chemical in “bath salts” is called methylenedioxypropylamphetamine (MDPV for short). MDPV is highly toxic to the kidneys, heart, brain and the rest of the nervous system, and can have life-long effects.

Things to Know About “Salts”

- “Bath salts” are poisonous in any form: swallowed, snorted or injected
- Immediate symptoms after using bath salts may include:
 - Excitement
 - Paranoia
 - Confusion
 - Hallucinations and blurred vision
 - Fever
 - Sweating
 - Muscle twitching or seizures
 - Chest pain and rapid heart beat
 - High blood pressure

- Long term effects can include:
 - Depression
 - Suicidal thoughts and actions
 - Kidney failure
 - Sores and tissue death at injection site
 - Tremors
 - Withdrawal
- The risks of using “salts” during pregnancy are not fully known, but are probably very serious since MDPV passes easily through the placenta and concentrates in the fetal brain
- If you are using “salts,” get help now! Ask your health care provider or visit nhtreatment.org or www.healthvermont.gov/alcohol-drugs

For more information about bath salts go to teens.drugabuse.gov/drug-facts/bath-salts